



BREAKFAST

PULLED PORK BENNY-21 (GF)

Two poached eggs on a mixed potato rosti w/ slow cooked BBQ pulled pork, spinach, apple, hollandaise & smoked paprika

SMASHED AVOCADO-19 (GFO)(V)(VGO)

A poached egg on multigrain sourdough w/ chunky herbed smashed avocado, mixed seeds, goats cheese, spicy capsicum dip & pomegranate

CHILLI SCRAMBLE-19 (GFO)

Scrambled eggs w/ fresh chili, chorizo, feta, cherry tomatoes, garnished w/ crispy fried shallots, pea tendrils, cucumber ribbons & smoked paprika on ciabatta

MUSHROOM-19 (V)(GFO)

A fried egg on ciabatta w/ whipped roasted confit garlic ricotta, a medley of mushrooms & grilled asparagus

CORN FRITTERS-19.5 (GF)(VO)

Three fritters, smoked salmon, smashed avocado, poached egg & popcorn haloumi

PANCAKES-16 (V)

Two fluffy pancakes w/ strawberry compote, sweet mascarpone, fresh strawberries, fairy floss & cookie soil

COCONUT PUDDING- 16 (VG)(GF)

Chia seed & tapioca pearls w/ fresh mango, coconut milk, coconut flakes, fresh strawberry & passionfruit

OME'LET YOU CHOOSE-18 (VO)(GFO)

Choose 4 ingredients to make your own omelette

| | |
|---------------|--------------------|
| Bacon | Feta |
| Chorizo | Cheese |
| Smoked Salmon | Mushrooms |
| Spinach | Caramelised onion |
| Ham | Sun-dried tomatoes |

Served w/ side salad or toasted sourdough

EGGS YOUR WAY-12 (GFO)(V)

Your choice of white sourdough, multigrain sourdough or gluten free

EXTRAS

| | | |
|-------------|-----------------|---------------|
| Feta-4 | Bacon- 4 | Egg-2 |
| Rosti-4 | Chorizo-4 | Spinach-3 |
| Mushrooms-4 | Minute steak-4 | Hollandaise-2 |
| Ham-3 | Smoked salmon-4 | Haloumi-4 |
| | Pulled pork-5.5 | Avocado-4 |

Vegetarian - V Vegetarian options- VO Gluten Free - GF

LUNCH

CRISPY CHICKEN BURGER- 20

Seeded brioche bun w/ crispy chicken breast, cheddar cheese, apple slaw & spicy aioli served w/ a basket of chips

REUBEN-19 (GFO)

White sourdough, w/ slow cooked corn beef, sauerkraut, swiss cheese, Dijon mustard & pickles served w/ a basket of chips

STEAK SANDWICH-19 (GFO)

Seeded focaccia w/ grilled minute steak, rocket, bacon, caramelised onion, cheddar cheese, tomato relish & honey mustard mayo served w/ a basket of chips

CHICKEN FAJITA BOWL-20 (VO)

Grilled Cajun chicken w/ brown rice & quinoa, grilled capsicums, mixed beans, avocado, salsa & mint sour cream

POKE BOWL-21 (VO)

Seared salmon on sticky Japanese rice w/ cucumber, kimchi, carrot, seaweed, crispy shallots sesame seeds & kewpie mayo

SUMMER SALAD-17 (V)(VGO)(GF)

Sautéed broccoli & asparagus tossed w/ quinoa, sun-dried tomatoes, cucumber, pomegranate, almonds, avocado & goats cheese w/ a mustard vinaigrette & pomegranate molasses

Add Chicken- 4

Add Tofu- 4

Add Grilled Salmon- 6

LOADED CHIPS-14 (GFO)

Pulled BBQ pork, chips, cheese, tomato salsa & spicy aioli

DAILY SPECIALS AVAILABLE

Refer to specials board

LIGHTWEIGHT

A QUICK MINUTE-15 (GF)

Minute steak w/ fried egg, avocado, spinach, broccolini & roasted cherry tomato

LOW CARB-15 (GF)(VGO)

Grilled chicken or tofu on a bed of sautéed seasonal greens

SMOKED SALMON SCRAMBLED-15 (GF)

Scrambled egg white, smoked salmon, w/ avocado & tomato salsa

NUTRITIOUS BOWL-15 (V)(VGO)

Turmeric sweet potato mash w/ mixed grains, sautéed garlic seasonal greens, soft boiled egg, mixed seeds & lemon garlic tahini dressing

Gluten free options-GFO

Vegan- VG

Vegan options - VGO

C O L D D R I N K S

Iced Coffee/Chocolate/Mocha - 6

Milkshakes - 6.9

Chocolate, strawberry, caramel or vanilla

Karma bottles - 4

Lemon, lime & bitters, Ginger beer

Remedy Kombucha - 5

Wildberry, ginger lemon, Mango passion, orange squeeze & raspberry lemon

San Pellegrino sparkling water

500ml - 4.5 750ml -5.5

Active spring water - 3.5

Coke, Coke No Sugar, Solo, Lemonade - 3.5

Fresh Juices- 7.5

Clean Green- celery, apple, cucumber, spinach & mint

Sweet'n'Sour- orange, pineapple, carrot & lemon

Kick the cold - carrot, orange, ginger & turmeric

Freshly squeezed orange juice - 5.9

Smoothies - 8.9

The Hunter - mango, coconut milk, banana, passionfruit, honey, topped with coconut flakes & passionfruit

Monkey Business - banana, almond milk, peanut butter protein ball, topped with chia seeds & peanuts

T H E L I T T L I E S

10 YEARS & UNDER

Egg & bacon on toast - 6

(your choice of poached, scrambled or fried)

Little pancakes, w/ maple syrup & ice cream - 6

Nuggets or grilled tenders & chips - 9

Kids chips & tomato sauce - 3

Kids toasties (Ham & cheese) - 5.5

H O T D R I N K S

Coffee/Hot chocolate- 3.5

Large +1.5

Almond milk/Soy milk

Lactose free/Oat milk +1

Fresh Chai latte- 5.5

Tea by T2- 4.9

English Breakfast, Earl Grey, Peppermint, Green, Lemongrass & Ginger & Chamomile

W I N E / B E E R

SPARKLING

GLASS/BOTTLE

Villa Jolanda Prosecco 200ml

15

Wicks Estate Pamela Sparkling

40

WHITE

Kissing Booth Sauvignon Blanc, Marlborough, NZ

9

35

Water Wheel Chardonnay, Marlborough, NZ

10

39

Angove Organic Riesling Bendigo, Vic

9

35

RED WINE

Hollick Tannery Block Cabernet Merlot
Coonawarra, S.A.

11

41

Les Peyrautins Pinot Noir Languedoc, France

10

36

Water Wheel 5 Rounds Shiraz, Bendigo, Vic.

12

42

ROSE

Les Peyrautins Rose, Languedoc, France

11

40

LOCAL CRAFT BEERS

Mountain Goat Lager- 7

Moondog Pale Ale - 7.5

CIDER

Somersby Apple Cider- 6.5

1300 555 749

info@huntersdisciples.com.au

www.huntersdisciples.com.au

U39/617-643 Spencer Street,

West Melbourne, VIC, 3003



CATERING AVAILABLE

15% public holiday surcharge